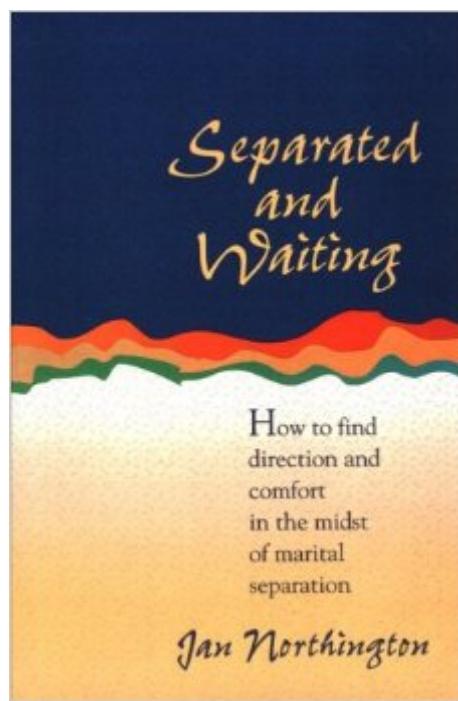


The book was found

# Separated And Waiting



## **Synopsis**

If you are physically separated from your spouse, chances are you're searching for answers to some very tough questions--such as "Why did this happen to me?" or "How will I cope?" Waiting to be reconciled or divorced can bring confusion, despair, and hopelessness. Whether you've been separated for a short while or a long time, "Separated and Waiting" offers the motivation and understanding you need to bring wholeness back into your life--despite the uncertainty of the future of your marriage. Marital separation brings with it unique fears, uncertainties, and struggles. From her own experiences, Jan Northington offers hope as she encourages you to think about such questions as: Who are you waiting for? Why? Do you think that you are worth changing? Why? What emotions do you have that surprise or embarrass you? What have you used to bargain with? Did it work? If you could draw a graph of your self-image over the years, how would it look? Do you feel isolated and cut off from social relationships? Do you find it hard to fit in? What can you thank God for? "Separated and Waiting" provides good advice and comforting words for facing the fears, confusion, and struggles that lie ahead. You will find freedom from guilt and loneliness. You will also find freedom to love without expectations.

## **Book Information**

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## **Customer Reviews**

4 weeks into my separation, and 4 books later, this was the book I needed. After reading the 1st 3 chapters, I went back with a highlighter over the previous chapters & there was something that I needed on every page. Being in "limbo" while a spouse decides what he/she will do is so hurtful as well as very hard to understand. Jan Northington uses scripture to encourage, lift up & assure you

that you're not alone & that there is a God who cares about your situation. If you emerse yourself in any book during your separation, this one should be included.

I found this book 17 years ago when I was going through my divorce and it truly was the most wonderful read for me. It carried me through such a rough time. Consequently, when I hear of any of my friends going through a similar situation, I purchase this for them and all have agreed, it is perfectly written.

This is a VERY good book to have handy... It's easy to read, and I've re-read it a few times. Good for when the spouse has left and you don't know what the future holds!

4 weeks into my separation, and 4 books later, this was the book I needed. After reading the 1st 3 chapters, I went back with a highlighter over the previous chapters & there was something that I needed on every page. Being in "limbo" while a spouse decides what he/she will do is so hurtful as well as very hard to understand. Jan Northington uses scripture to encourage, lift up & assure you that you're not alone & that there is a God who cares about your situation. If you emerse yourself in any book during your separation, this one should be included.

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